

Atlantic Memorial Terence Bay Elementary

Principal: Carrie McBay

Vice Principal: Nancy Smith

Administrative Assistant: Genna McDonald

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www.amc.hrce.ca



March
2026

Upcoming Dates

March 9-12

School Spirit Week (see newsletter for more information)

March 13

Assessment and Evaluation Day (no classes)

March 16-20

March Break (no classes)

March 31

Report Cards go home

Future Dates

April 1

Progress Conferences
5:30pm-7:30pm

April 2

Professional Learning (morning) and Progress Conferences
1pm-3pm
(no classes all day)

April 3

Good Friday (no classes)

April 6

Easter Monday (no classes)

April 29

Professional Development Day
(no classes)

School Hours P-5

8:40 Playground Supervision Begins
8:55 Students enter
9:00 Classes Begin
10:35-10:50 Recess
12:00-12:55 Lunch
3:00 Dismissal

Message to Atlantic Memorial Terence Bay Families:

February was such an exciting month for us! We celebrated African Heritage Month, Lunar New Year, and Valentine's Day. We also experienced a true taste of winter with storm days and mixed weather – and we embraced it all!

In honour of African Heritage Month, we began each day with morning announcements highlighting African Nova Scotian communities. We hosted our Kids' Art Night, last week and our students truly amazed us with their creativity and talent. We're also proud to share that we raised \$ 750 for the Prospect Road Food Share Program. Thank you so much for your generous support!

February was also registration month. We welcomed registrations for a brand-new group of Pre-Primary students, along with many new Primary students. If you haven't yet registered your child, please do so as soon as possible (**current Pre-Primary students do not need to re-register for Primary.**) If you know a neighbour or friend who hasn't registered yet, please encourage them to do so. Visit the [HRCE website](http://www.amc.hrce.ca) for more information and to enroll your child today through PowerSchool Enrollment! Having accurate enrollment numbers now helps us ensure the right staffing and supports are in place for September.

And now March is here – which means spring is just around the corner. Yay! We're all looking forward to some warmer, sunnier days ahead.

Carrie McBay Nancy Smith
Principal Vice Principal

School Spirit Week:

To celebrate the week before March Break (March 9-12) we have created themed days.

- Monday- Wacky Hair Day or Show Stopping Hat Day (who will have the funniest?)
- Tuesday- Spotlight your favourite Sport or Team Day (let's see those sports jerseys and team colours)
- Wednesday- Inside-Out Day (simply wear your clothes inside out)
- Thursday- PJ Day (let's be comfy on the last day before the break)

*School
Spirit*

March is Nutrition Month:

March is celebrated across Canada as Nutrition Month, a perfect opportunity for families to focus on building healthy eating habits together. Nutrition Month allows us to explore sustainable eating patterns, food literacy, and learning about the benefits of balance and variety in everyday meals. By highlighting the connection between nutrition and long-term health, Nutrition Month empowers everyone to build habits that benefit both individuals and the planet.

Use Nutrition Month as a reminder to take advantage of the [Nova Scotia School Lunch Program](#)! With nutritious, balanced meals prepared daily, the program ensures students have the energy and focus they need to succeed in the classroom and beyond. The School Lunch Program is designed to provide accessible, affordable, and appealing meals that feature a variety of foods from all food groups, following Canada's Food Guide. By participating, families can help their children develop lifelong healthy habits while making mornings a little less hectic.

Together, we can make small changes that lead to healthier futures for our families and communities.



March Break:

Reminder that March Break is March 16-20 and schools will be closed. For Elementary and Junior high: Please note that Friday, March 13 is an Assessment & Evaluation day (no classes).



Responding to Technology-Facilitated Harms Among Young People:

Unplugged Canada is hosting a free community event at the Canada Games Centre on Thursday March 5 at 7 p.m., available both in person and virtually. Join to learn from Dr. Alexa Dodge, Assistant Professor of Criminology at Saint Mary's University and a leading Canadian researcher on technology-facilitated sexual violence.

This session will explore cyberbullying, the sharing of intimate images, and other online harms youth face, along with research on the support and responses young people need when problems arise online. This presentation will be valuable for any caregiver or adult supporting young people as they navigate the challenges of their digital social lives.

Thursday, March 5, 2026, at 7 p.m.

Canada Games Centre Boardroom - 26 Thomas Raddall Drive, Halifax
Please register for in-person or virtual [here](#).

Safer Internet Day 2026: Navigating the Internet Safely:

As our kids and teens spend more time exploring, creating, and learning online, it's natural to wonder how we can best support them – especially with emerging technologies like artificial intelligence becoming part of their digital world. On Safer Internet Day 2026, Google shared helpful updates and tools designed to make it easier for families to guide, protect, and empower young people as they navigate the Internet safely. Learn more [here](#).

