

May
2026

Atlantic Memorial Terence Bay Elementary

Principal: Carrie McBay

Vice Principal: Nancy Smith

Administrative Assistant: Genna McDonald



Main: 902-852-2166

Safe Arrival: 1-833-582-6940

www.amc.hrce.ca

Message to Atlantic Memorial Terence Bay Families:

It's hard to believe that May is already here! With the warmer weather arriving, students are enjoying more time learning and playing outdoors.

Thank you to all the families who joined us in April for Progress Conferences. We appreciate your time and partnership in supporting student learning.

We have an exciting month ahead, including Primary Orientation along with a Parent/Guardian Information Session, Grade 3 Provincial Assessments, and Track and Field events for Grades 4-5.

With two months of school still to go, there is plenty of learning ahead. We are looking forward to a strong finish to the school year as students continue to grow and make progress.

The coming weeks will be busy and fun, and classes may begin planning field trips. If you are interested in volunteering as a chaperone, please ensure that your Criminal Record Check with Vulnerable Sector Search and Child Abuse Registry check are up to date and on file at the office. For more information on how to obtain these, please see the link below.

<https://www.hrce.ca/families/general-information/volunteering>

Carrie McBay Nancy Smith
Principal Vice Principal

Grade 3 Provincial Assessments:

On **Tuesday, May 12th and Wednesday, May 13th** our Grade 3 students will be participating in the NS Language Arts Provincial Assessment in the morning. On **Wednesday, May 20th and Thursday, May 21st** Grade 3 students will be participating in the NS Math Provincial Assessment in the morning. Please make sure that your Grade 3 child is on time and has had a good breakfast and start to their day.

Staffing for the 2026-2027 School Year and Class Lists:

We have been working on registration and staffing for the 2026-2027 school year since the beginning of February. Many different circumstances are considered when your child is placed in a class. Please be assured that a great deal of thought and time is spent in creating class lists. If you have a significant concern for next year please reach out to your child's teacher. AMTB is full of wonderful teachers and great students. Each new year is an opportunity to start fresh and meet new friends.

Upcoming Dates

May is Asian Heritage Month and Black Excellence Day (May 15)!

May 4

Primary Orientation 9:30am-10:45am (AM site) send RSVP to amtb@hrce.ca and SAC Meeting at 6pm (AM site)

May 6

Primary Parent/Guardian Information Session 6:00pm-6:45pm (AM site)

May 18

Victoria Day
(no classes)

May 28

Track and Field gr. 4 and 5
(rain date May 29)

Upcoming Dates

June 11

Spring Social
5pm-6:30pm
(Bring your supper and a blanket/lawn chairs. We will have lawn games and more.)

June 26

Grade 5 Closing at 9:30am

June 29

Assessment and Evaluation Day
(no classes)

June 30

Last Day (early dismissal)

School Hours P-5

8:40 Playground Supervision Begins
8:55 Students enter
9:00 Classes Begin
10:35-10:50 Recess
12:00-12:55 Lunch
3:00 Dismissal

End of the Day Dismissal:

If you are making a change in the end of the day dismissal for your child(ren) please call the office by 2:30 at 902-852-2166. It ensures we have enough time to communicate the changes to your child and their teacher.

Head Lice Reminders:

Head lice and nits are common among school-aged children and can occur at any time. We kindly ask families to help prevent the spread by checking your child(ren)'s hair daily over the next few weeks, and regularly after that. Working together—at school and at home—makes a big difference in reducing the spread of head lice.

Please take a moment to review the attached information from Nova Scotia Public Health on prevention and treatment. If you have any questions or concerns, feel free to reach out using the contact information below.

<https://www.nshealth.ca/patient-education-resources/how-prevent-find-and-treat-head-lice>

Sun Safety and Extra Clothing:

It is a great time of year to send your child with a hat for outside and applying sunscreen in the morning before coming to school. We have lots of wonderful space to play outside but when it rains we are surrounded with mud and large puddles. Please make sure you have a change of clothes and extra socks in their backpack every day.

Tick Safety After You Come Indoors:

- Check your clothing for ticks. Ticks may be carried into the house on clothing. Any ticks that are found should be removed.
- Tumble dry clothes in a dryer on high heat for 10 minutes to kill ticks on dry clothing after you come indoors. If the clothes are damp, additional time may be needed. If the clothes require washing first, hot water is recommended. Cold and medium temperature water will not kill ticks effectively.
- Shower soon after being outdoors. Showering within two hours of coming indoors has been shown to reduce your risk of getting Lyme disease. Showering may help wash off unattached ticks and it is a good opportunity to do a tick check.
- Check your body for ticks after being outdoors. Conduct a full body check upon return from potentially tick-infested areas, which even includes your back yard. Use a hand-held or full-length mirror to view all parts of your body.

Unplugged Webinar on Smartphones, Social Media and More:

Unplugged Canada is hosting a LIVE webinar on May 6 every parent and caregiver needs to hear. We're talking smartphones, social media, the research – and most importantly, what we can do about it.

Hosted by Kirsten Sweet, educator and National Program Director with Unplugged Canada with Tania Johnson, Co-founder of the Institute of Child Psychology and Dr. Michele Locke, Clinical Psychologist, learn about the impact of smartphones and social media on youth and how the Unplugged Canada Pledge and our resources can spark meaningful conversations in your home, school, and community.

We'll also introduce two new initiatives: the National School Champion Program and Operation Landline – a summer campaign helping families delay smartphones and reconnect in simpler, more intentional ways.

Come ready to learn, connect, and be part of the movement. Register [here](#).

Screen Free Summer: Digital Diet Guidance:

As summer approaches, many families are thinking about screen time. This article introduces the idea of a “digital diet,” encouraging a focus on the quality and purpose of screen use rather than just limiting it. It offers practical ways to help children build healthier, more balanced habits with technology. Read more [here](#).

